



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

## Detailed evaluation

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Club: Århus 1900  
Number: 375

Course: 42.16 km  
Marathon

Category:  
Frauen W55

Total time: 4:53:46

Speed: 8.58 km/h  
Running performance: 6:58 min/km

Rank in course/Total: 183 (of 289)

Rank in course/Women: 12 (of 28)

Best time in course: 4:05:29

Rank in category: 1(of 2)

Best time in the category: 4:53:46

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.27	35:04	6:39	2	2:48	15	7:19	5.27	35:04	6:39	1	-	16	3:43
Lap 2	5.27	33:40	6:23	1	-	9	4:34	10.54	1:08:44	6:31	1	-	11	
Lap 3	5.27	36:21	6:53	1	-	13	7:18	15.81	1:45:05	6:38	1	-	15	0:06
Lap 4	5.27	36:29	6:55	1	-	12	7:11	21.08	2:21:34	6:42	1	-	16	
Lap 5	5.27	35:45	6:47	1	-	9	5:59	26.35	2:57:19	6:43	1	-	14	
Lap 6	5.27	38:11	7:14	1	-	10	7:25	31.62	3:35:30	6:48	1	-	14	
Lap 7	5.27	38:31	7:18	1	-	10	6:38	36.89	4:14:01	6:53	1	-	14	39:16
Last lap Finish	5.27	39:45	7:32	1	-	12	7:32	42.16	4:53:46	6:58	1	-	12	3:24:05