



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

GERSTBERGER, werner

Club: die laufsocken
Number: 89

Course: 21.08 km
Halbmarathon

Category:
Männer M40

Total time: 2:25:37

Speed: 8.69 km/h
Running performance: 6:55 min/km

Rank in course/Total: 25 (of 53)

Rank in course/Men: 23 (of 39)

Best time in course: 1:49:45

Rank in category: 7(of 10)

Best time in the category: 2:01:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	5.27	34:17	6:30	6	5:18	22	8:41	5.27	34:17	6:30	6	5:17	39		
Lap 2	5.27	34:39	6:34	6	5:07	21	8:41	10.54	1:08:56	6:32	5	10:24	4		
Lap 3	5.27	37:01	7:01	7	6:14	23	9:19	15.81	1:45:57	6:42	6	16:34	37		
Last lap Finish	5.27	39:40	7:31	7	8:36	22	9:59	21.08	2:25:37	6:54	7	24:03	23	35:52	