



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

WEIGERT, Matthias

Club: MSV Zossen 07
Number: 394

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 5:07:01

Speed: 8.21 km/h
Running performance: 7:17 min/km

Rank in course/Total: 207 (of 289)

Rank in course/Men: 193 (of 261)

Best time in course: 3:20:36

Rank in category: 21(of 32)

Best time in the category: 3:20:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	33:40	6:23	16	9:37	183	11:18	5.27	33:40	6:23	12		203	
Lap 2	5.27	32:23	6:08	13	8:09	155	8:57	10.54	1:06:03	6:15	30	17:42	240	
Lap 3	5.27	34:02	6:27	18	9:31	177	10:24	15.81	1:40:05	6:19	12		198	
Lap 4	5.27	35:55	6:48	21	11:17	189	11:17	21.08	2:16:00	6:27	12		159	4:20
Lap 5	5.27	38:08	7:14	22	12:49	201	12:49	26.35	2:54:08	6:36	10		188	51:19
Lap 6	5.27	40:42	7:43	24	14:45	195	14:51	31.62	3:34:50	6:47	9	1:29	177	1:06:04
Lap 7	5.27	46:32	8:49	25	20:25	216	20:25	36.89	4:21:22	7:05	11	7:44	169	1:26:29
Last lap Finish	5.27	45:39	8:39	21	19:56	200	19:56	42.16	5:07:01	7:16	22	3:45:28	204	4:40:14