



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

PRADETTO, Oliver

Club: Blau direkt
Number: 425

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 5:07:40

Speed: 8.19 km/h
Running performance: 7:18 min/km

Rank in course/Total: 211 (of 289)

Rank in course/Men: 197 (of 261)

Best time in course: 3:20:36

Rank in category: 33(of 42)

Best time in the category: 3:29:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	5.27	31:05	5:53	21	117	8:43	8:43	5.27	31:05	5:53	15		207	
Lap 2	5.27	33:14	6:18	32	172	9:48	9:48	10.54	1:04:19	6:06	35	2:34	230	
Lap 3	5.27	35:41	6:46	37	199	12:03	12:03	15.81	1:40:00	6:19	15		202	
Lap 4	5.27	37:26	7:06	36	207	12:24	12:48	21.08	2:17:26	6:31	11		163	5:46
Lap 5	5.27	42:41	8:05	39	234	16:32	17:22	26.35	3:00:07	6:50	38	10:32	241	57:18
Lap 6	5.27	43:08	8:11	38	213	16:37	17:17	31.62	3:43:15	7:03	13	10:52	181	1:14:29
Lap 7	5.27	42:40	8:05	31	176	15:01	16:33	36.89	4:25:55	7:12	12	12:51	173	1:31:02
Last lap Finish	5.27	41:45	7:55	30	165	15:08	16:02	42.16	5:07:40	7:17	35	3:41:47	207	4:40:53