



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

GESELL, Gino

Club: Dresden
Number: 90

Course: 42.16 km
Marathon

Category:
Männer M30

Total time: 5:11:16

Speed: 8.10 km/h
Running performance: 7:23 min/km

Rank in course/Total: 219 (of 289)

Rank in course/Men: 204 (of 261)

Best time in course: 3:20:36

Rank in category: 26(of 31)

Best time in the category: 3:22:43

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	5.27	37:41	7:09	30	14:04	244	15:19	5.27	37:41	7:09	6	10:30	214	
Lap 2	5.27	35:34	6:44	27	11:01	210	12:08	10.54	1:13:15	6:56	5	18:05	155	
Lap 3	5.27	34:41	6:34	24	10:23	185	11:03	15.81	1:47:56	6:49	6	23:24	209	
Lap 4	5.27	35:38	6:45	25	10:59	186	11:00	21.08	2:23:34	6:48	6	29:10	169	11:54
Lap 5	5.27	37:19	7:04	25	11:53	186	12:00	26.35	3:00:53	6:51	5	35:06	195	58:04
Lap 6	5.27	40:31	7:41	25	14:40	194	14:40	31.62	3:41:24	7:00	6	1:03:23	188	1:12:38
Lap 7	5.27	44:56	8:31	26	18:45	200	18:49	36.89	4:26:20	7:13	6	46:10	180	1:31:27
Last lap Finish	5.27	44:56	8:31	24	18:52	194	19:13	42.16	5:11:16	7:22	27	1:48:33	215	4:44:29