



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

## Detailed evaluation

**DENZLER, Hans**

Club: TV Helmbrechts  
Number: 46

Course: 42.16 km  
Marathon

Category:  
Männer M50

Total time: 5:12:57

Speed: 8.05 km/h  
Running performance: 7:25 min/km

Rank in course/Total: 223 (of 289)

Rank in course/Men: 206 (of 261)

Best time in course: 3:20:36

Rank in category: 24(of 32)

Best time in the category: 3:20:36

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	5.27	35:49	6:47	22	11:46	216	13:27	5.27	35:49	6:47	9		216	
Lap 2	5.27	35:35	6:45	22	11:21	211	12:09	10.54	1:11:24	6:46	9	23:03	157	
Lap 3	5.27	37:34	7:07	24	13:03	231	13:56	15.81	1:48:58	6:53	9	5:08	157	
Lap 4	5.27	37:26	7:06	22	12:48	207	12:48	21.08	2:26:24	6:56	9	8:47	171	14:44
Lap 5	5.27	38:59	7:23	24	13:40	211	13:40	26.35	3:05:23	7:02	30	10:30	247	1:02:34
Lap 6	5.27	39:16	7:27	20	13:19	179	13:25	31.62	3:44:39	7:06	6	11:18	190	1:15:53
Lap 7	5.27	42:30	8:03	19	16:23	174	16:23	36.89	4:27:09	7:14	8	13:31	182	1:32:16
Last lap Finish	5.27	45:48	8:41	22	20:05	204	20:05	42.16	5:12:57	7:25	25	3:51:24	217	4:46:10