



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

EGEDESÖ, Klaus

Club: Horsensrun / DULK
Number: 63

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 5:21:43

Speed: 7.86 km/h
Running performance: 7:38 min/km

Rank in course/Total: 235 (of 289)

Rank in course/Men: 217 (of 261)

Best time in course: 3:20:36

Rank in category: 48(of 55)

Best time in the category: 3:28:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	32:25	6:09	33	9:12	150	10:03	5.27	32:25	6:09	23		227	
Lap 2	5.27	34:34	6:33	44	10:04	196	11:08	10.54	1:06:59	6:21	54		248	
Lap 3	5.27	36:07	6:51	49	11:30	209	12:29	15.81	1:43:06	6:31	22	12:54	222	
Lap 4	5.27	38:44	7:20	48	13:43	219	14:06	21.08	2:21:50	6:43	20		180	10:10
Lap 5	5.27	41:56	7:57	50	15:38	231	16:37	26.35	3:03:46	6:58	22	9:07	205	1:00:57
Lap 6	5.27	47:47	9:04	52	20:12	243	21:56	31.62	3:51:33	7:19	22	32:22	201	1:22:47
Lap 7	5.27	48:05	9:07	50	19:34	224	21:58	36.89	4:39:38	7:34	20	29:08	193	1:44:45
Last lap Finish	5.27	42:05	7:59	38	14:27	171	16:22	42.16	5:21:43	7:37	50	3:44:30	228	4:54:56