



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

SCHUBIEN-INKEN, Inken

Club: TV Gundelfingen
Number: 332

Course: 42.16 km
Marathon

Category:
Frauen W45

Total time: 5:26:27

Speed: 7.75 km/h
Running performance: 7:44 min/km

Rank in course/Total: 241 (of 289)

Rank in course/Women: 20 (of 28)

Best time in course: 4:05:29

Rank in category: 7(of 8)

Best time in the category: 4:08:16

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.27	36:47	6:58	7	9:02	23	9:02	5.27	36:47	6:58	7	9:02	8	5:26
Lap 2	5.27	37:58	7:12	7	8:44	23	8:52	10.54	1:14:45	7:05	6	17:46	3	3:37
Lap 3	5.27	38:23	7:17	7	8:40	21	9:20	15.81	1:53:08	7:09	7	26:26	7	8:09
Lap 4	5.27	40:23	7:39	7	9:53	21	11:05	21.08	2:33:31	7:16	7	36:19	8	8:58
Lap 5	5.27	42:11	8:00	7	10:35	20	12:25	26.35	3:15:42	7:25	4	46:54	8	12:05
Lap 6	5.27	42:12	8:00	6	9:43	17	11:26	31.62	3:57:54	7:31	6	50:23	7	16:49
Lap 7	5.27	44:56	8:31	7	12:51	18	13:03	36.89	4:42:50	7:40	7	1:08:05	7	1:08:05
Last lap Finish	5.27	43:37	8:16	7	11:05	19	11:24	42.16	5:26:27	7:44	7	1:18:11	21	3:56:46