



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

MORELLI, Birgit

Club: Team Wörthersee Trail
Number: 237

Course: 42.16 km
Marathon

Category:
Frauen W30

Total time: 5:32:56

Speed: 7.57 km/h
Running performance: 7:54 min/km

Rank in course/Total: 246 (of 289)

Rank in course/Women: 21 (of 28)

Best time in course: 4:05:29

Rank in category: 3(of 7)

Best time in the category: 4:05:29

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 5.27 | 36:39 | 6:57 | 4 | 5:58 | 22 | 8:54 | 5.27 | 36:39 | 6:57 | 4 | | 7 | 5:18 |
| Lap 2 | 5.27 | 37:27 | 7:06 | 4 | 7:48 | 21 | 8:21 | 10.54 | 1:14:06 | 7:01 | 4 | | 2 | 2:58 |
| Lap 3 | 5.27 | 38:09 | 7:14 | 3 | 9:06 | 20 | 9:06 | 15.81 | 1:52:15 | 7:05 | 3 | 20:42 | 6 | 7:16 |
| Lap 4 | 5.27 | 39:42 | 7:31 | 3 | 10:24 | 19 | 10:24 | 21.08 | 2:31:57 | 7:12 | 3 | 31:06 | 7 | 7:24 |
| Lap 5 | 5.27 | 44:39 | 8:28 | 4 | 14:53 | 24 | 14:53 | 26.35 | 3:16:36 | 7:27 | 3 | 45:59 | 7 | 12:59 |
| Lap 6 | 5.27 | 44:23 | 8:25 | 3 | 13:37 | 20 | 13:37 | 31.62 | 4:00:59 | 7:37 | 5 | | 26 | 19:54 |
| Lap 7 | 5.27 | 45:17 | 8:35 | 3 | 13:24 | 19 | 13:24 | 36.89 | 4:46:16 | 7:45 | 3 | 1:13:00 | 6 | 1:11:31 |
| Last lap Finish | 5.27 | 46:40 | 8:51 | 5 | 14:27 | 23 | 14:27 | 42.16 | 5:32:56 | 7:53 | 4 | 4:03:15 | 22 | 4:03:15 |