



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

SCHÖFTNER, Hermann

Club: ASK Nettingsdorf Laufsport
Number: 324

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 5:33:44

Speed: 7.58 km/h
Running performance: 7:55 min/km

Rank in course/Total: 249 (of 289)

Rank in course/Men: 228 (of 261)

Best time in course: 3:20:36

Rank in category: 27(of 32)

Best time in the category: 3:20:36

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	5.27	38:16	7:15	30	14:13	248	15:54	5.27	38:16	7:15	5	1:57	238	
Lap 2	5.27	37:49	7:10	27	13:35	241	14:23	10.54	1:16:05	7:13	6	27:44	173	
Lap 3	5.27	39:06	7:25	29	14:35	248	15:28	15.81	1:55:11	7:17	6	11:21	233	
Lap 4	5.27	39:46	7:32	26	15:08	236	15:08	21.08	2:34:57	7:21	6	17:20	191	23:17
Lap 5	5.27	42:36	8:05	26	17:17	232	17:17	26.35	3:17:33	7:29	6	22:40	212	1:14:44
Lap 6	5.27	42:45	8:06	26	16:48	208	16:54	31.62	4:00:18	7:35	29	26:57	248	1:31:32
Lap 7	5.27	44:38	8:28	23	18:31	197	18:31	36.89	4:44:56	7:43	5	31:18	204	1:50:03
Last lap Finish	5.27	48:48	9:15	26	23:05	220	23:05	42.16	5:33:44	7:54	28	4:12:11	239	5:06:57