



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

## Detailed evaluation

**LITWIN, Gabi**

Club: LT Lippehasen  
Number: 209

Course: 21.08 km  
Halbmarathon

Category:  
Frauen W50

Total time: 2:30:25

Speed: 8.38 km/h  
Running performance: 7:08 min/km

Rank in course/Total: 29 (of 53)

Rank in course/Women: 6 (of 14)

Best time in course: 2:04:13

Rank in category: 2(of 2)

Best time in the category: 2:30:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.27	36:35	6:56	1	-	7	5:29	5.27	36:35	6:56	2		6	5:29
Lap 2	5.27	37:23	7:05	2	0:46	7	7:04	10.54	1:13:58	7:01	2	0:41	5	5:05
Lap 3	5.27	37:03	7:01	1	-	4	5:39	15.81	1:51:01	7:01	2		6	18:12
Last lap Finish	5.27	39:24	7:28	2	0:09	8	8:00	21.08	2:30:25	7:08	2	0:05	6	26:12