



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

BAYERSCHEN, Rudolf

Club: D J K Wißmannsdorf
Number: 14

Course: 42.16 km
Marathon

Category:
Männer M55

Total time: 5:40:26

Speed: 7.43 km/h
Running performance: 8:04 min/km

Rank in course/Total: 256 (of 289)

Rank in course/Men: 234 (of 261)

Best time in course: 3:20:36

Rank in category: 19(of 21)

Best time in the category: 4:02:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	34:15	6:29	11	8:12	197	11:53	5.27	34:15	6:29	4	2:52	244	
Lap 2	5.27	35:54	6:48	14	8:40	221	12:28	10.54	1:10:09	6:39	21	16:29	258	
Lap 3	5.27	38:31	7:18	19	10:03	243	14:53	15.81	1:48:40	6:52	4	13:12	239	
Lap 4	5.27	40:56	7:46	19	11:43	245	16:18	21.08	2:29:36	7:05	4	19:56	197	17:56
Lap 5	5.27	44:09	8:22	20	14:19	240	18:50	26.35	3:13:45	7:21	4	26:45	218	1:10:56
Lap 6	5.27	47:23	8:59	19	15:31	240	21:32	31.62	4:01:08	7:37	21	34:34	249	1:32:22
Lap 7	5.27	49:30	9:23	18	15:31	235	23:23	36.89	4:50:38	7:52	4	1:15:03	210	1:55:45
Last lap Finish	5.27	49:48	9:26	20	15:05	228	24:05	42.16	5:40:26	8:04	19	1:37:53	245	5:13:39