



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

HOFFMANN, Andrea

Club: 1. LAV Rostock
Number: 128

Course: 42.16 km
Marathon

Category:
Frauen W50

Total time: 5:42:34

Speed: 7.38 km/h
Running performance: 8:08 min/km

Rank in course/Total: 258 (of 289)

Rank in course/Women: 23 (of 28)

Best time in course: 4:05:29

Rank in category: 4(of 4)

Best time in the category: 4:55:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Lap 1	5.27	36:16	6:52	4	19	4:55	8:31	5.27	36:16	6:52	4	5	4:55	
Lap 2	5.27	37:49	7:10	4	22	6:13	8:43	10.54	1:14:05	7:01	2	9	5:11	2:57
Lap 3	5.27	38:49	7:21	4	22	6:17	9:46	15.81	1:52:54	7:08	4	5	17:25	7:55
Lap 4	5.27	40:29	7:40	4	22	6:18	11:11	21.08	2:33:23	7:16	4	5	23:43	8:50
Lap 5	5.27	42:38	8:05	4	21	5:17	12:52	26.35	3:16:01	7:26	4	5	29:00	12:24
Lap 6	5.27	47:44	9:03	4	25	10:16	16:58	31.62	4:03:45	7:42	4	5	37:11	22:40
Lap 7	5.27	50:27	9:34	4	26	10:17	18:34	36.89	4:54:12	7:58	3	4	32:57	1:19:27
Last lap Finish	5.27	48:22	9:10	4	25	5:41	16:09	42.16	5:42:34	8:07	4	24	47:19	4:12:53