



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

WEIß, Antje

Club: Triathlonfreunde Wittenberg
Number: 412

Course: 21.08 km
Halbmarathon

Category:
Frauen W40

Total time: 2:32:48

Speed: 8.28 km/h
Running performance: 7:15 min/km

Rank in course/Total: 30 (of 53)

Rank in course/Women: 7 (of 14)

Best time in course: 2:04:13

Rank in category: 3(of 4)

Best time in the category: 2:04:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.27	35:45	6:47	2	4:39	4	4:39	5.27	35:45	6:47	3	4:39	7	4:39
Lap 2	5.27	38:29	7:18	3	8:10	10	8:10	10.54	1:14:14	7:02	2	1:43	6	5:21
Lap 3	5.27	38:33	7:18	3	7:09	9	7:09	15.81	1:52:47	7:08	3	19:58	7	19:58
Last lap Finish	5.27	40:01	7:35	3	8:37	9	8:37	21.08	2:32:48	7:14	3	28:35	7	28:35