



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

EICHNER, Sigrid

Club: 100 Marathon Club
Number: 64

Course: 42.16 km
Marathon

Category:
Frauen W70

Total time: 5:44:06

Speed: 7.35 km/h
Running performance: 8:10 min/km

Rank in course/Total: 261 (of 289)

Rank in course/Women: 24 (of 28)

Best time in course: 4:05:29

Rank in category: 1(of 1)

Best time in the category: 5:44:06

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.27	40:19	7:39	1	-	25	12:34	5.27	40:19	7:39	1	-	4	8:58
Lap 2	5.27	40:03	7:35	1	-	26	10:57	10.54	1:20:22	7:37	1	-	12	9:14
Lap 3	5.27	40:26	7:40	1	-	25	11:23	15.81	2:00:48	7:38	1	-	4	15:49
Lap 4	5.27	41:11	7:48	1	-	24	11:53	21.08	2:41:59	7:41	1	-	4	17:26
Lap 5	5.27	44:22	8:25	1	-	23	14:36	26.35	3:26:21	7:49	1	-	4	22:44
Lap 6	5.27	44:35	8:27	1	-	21	13:49	31.62	4:10:56	7:56	1	-	4	29:51
Lap 7	5.27	46:06	8:44	1	-	22	14:13	36.89	4:57:02	8:03	1	-	3	1:22:17
Last lap Finish	5.27	47:04	8:55	1	-	24	14:51	42.16	5:44:06	8:09	1	-	25	4:14:25