



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

KIMITTA, Ernst-Otto

Club: 100 Marathon Club
Number: 165

Course: 42.16 km
Marathon

Category:
Männer M55

Total time: 5:48:37

Speed: 7.23 km/h
Running performance: 8:16 min/km

Rank in course/Total: 264 (of 289)

Rank in course/Men: 240 (of 261)

Best time in course: 3:20:36

Rank in category: 20(of 21)

Best time in the category: 4:02:33

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	5.27	35:40	6:46	16	9:37	213	13:18	5.27	35:40	6:46	3	4:17	247	
Lap 2	5.27	35:54	6:48	14	8:40	221	12:28	10.54	1:11:34	6:47	3	17:54	184	
Lap 3	5.27	36:22	6:54	13	7:54	210	12:44	15.81	1:47:56	6:49	3	12:28	209	
Lap 4	5.27	37:25	7:05	14	8:12	206	12:47	21.08	2:25:21	6:53	3	15:41	203	13:41
Lap 5	5.27	41:22	7:50	17	11:32	229	16:03	26.35	3:06:43	7:05	3	19:43	224	1:03:54
Lap 6	5.27	43:30	8:15	14	11:38	217	17:39	31.62	3:50:13	7:16	3	23:39	219	1:21:27
Lap 7	5.27	58:11	11:02	21	24:12	254	32:04	36.89	4:48:24	7:49	3	1:12:49	216	1:53:31
Last lap Finish	5.27	1:00:13	11:25	21	25:30	251	34:30	42.16	5:48:37	8:16	20	1:46:04	251	5:21:50