



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

MOHRI, Detlef

Club: LT Nauen-Falkensee
Number: 235

Course: 42.16 km
Marathon

Category:
Männer M55

Total time: 5:51:14

Speed: 7.20 km/h
Running performance: 8:20 min/km

Rank in course/Total: 267 (of 289)

Rank in course/Men: 242 (of 261)

Best time in course: 3:20:36

Rank in category: 21(of 21)

Best time in the category: 4:02:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	36:15	6:52	17	10:12	221	13:53	5.27	36:15	6:52	2	4:52	252	
Lap 2	5.27	38:47	7:21	21	11:33	252	15:21	10.54	1:15:02	7:07	2	21:22	186	
Lap 3	5.27	41:48	7:55	21	13:20	254	18:10	15.81	1:56:50	7:23	2	21:22	247	0:44
Lap 4	5.27	43:08	8:11	21	13:55	250	18:30	21.08	2:39:58	7:35	2	30:18	205	28:18
Lap 5	5.27	47:15	8:57	21	17:25	253	21:56	26.35	3:27:13	7:51	2	40:13	226	1:24:24
Lap 6	5.27	48:12	9:08	20	16:20	246	22:21	31.62	4:15:25	8:04	2	48:51	221	1:46:39
Lap 7	5.27	46:06	8:44	15	12:07	206	19:59	36.89	5:01:31	8:10	2	1:25:56	218	2:06:38
Last lap Finish	5.27	49:43	9:26	19	15:00	226	24:00	42.16	5:51:14	8:19	21	1:48:41	253	5:24:27