



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

WIESRECKER, Sven

Club: TV Denzlingen
Number: 405

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 5:51:25

Speed: 7.17 km/h
Running performance: 8:20 min/km

Rank in course/Total: 268 (of 289)

Rank in course/Men: 243 (of 261)

Best time in course: 3:20:36

Rank in category: 49(of 50)

Best time in the category: 3:39:13

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	36:50	6:59	47	13:27	233	14:28	5.27	36:50	6:59	25	5:10	253	
Lap 2	5.27	35:44	6:46	44	11:07	215	12:18	10.54	1:12:34	6:53	20	7:52	187	
Lap 3	5.27	36:56	7:00	45	11:35	218	13:18	15.81	1:49:30	6:55	25	8:50	248	
Lap 4	5.27	39:38	7:31	47	12:48	233	15:00	21.08	2:29:08	7:04	22	12:05	206	17:28
Lap 5	5.27	45:10	8:34	48	17:32	245	19:51	26.35	3:14:18	7:22	23	13:35	227	1:11:29
Lap 6	5.27	56:48	10:46	49	28:36	256	30:57	31.62	4:11:06	7:56	25	32:22	222	1:42:20
Lap 7	5.27	53:30	10:09	49	25:19	251	27:23	36.89	5:04:36	8:15	23	39:00	219	2:09:43
Last lap Finish	5.27	46:49	8:53	44	18:26	211	21:06	42.16	5:51:25	8:20	50	4:30:39	254	5:24:38