



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

STROBEL, Bettina

Club: TV Helmbrechts
Number: 366

Course: 21.08 km
Halbmarathon

Category:
Frauen W45

Total time: 2:37:59

Speed: 8.01 km/h
Running performance: 7:29 min/km

Rank in course/Total: 37 (of 53)
Rank in course/Women: 11 (of 14)
Best time in course: 2:04:13

Rank in category: 4(of 4)
Best time in the category: 2:26:20

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 5.27 | 38:29 | 7:18 | 3 | 4:48 | 11 | 7:23 | 5.27 | 38:29 | 7:18 | 4 | 4:48 | 11 | 7:23 |
| Lap 2 | 5.27 | 39:27 | 7:29 | 4 | 4:36 | 11 | 9:08 | 10.54 | 1:17:56 | 7:23 | 4 | 9:24 | 10 | 9:03 |
| Lap 3 | 5.27 | 40:54 | 7:45 | 4 | 3:28 | 11 | 9:30 | 15.81 | 1:58:50 | 7:30 | 4 | 12:52 | 11 | 26:01 |
| Last lap Finish | 5.27 | 39:09 | 7:25 | 2 | 0:30 | 6 | 7:45 | 21.08 | 2:37:59 | 7:29 | 4 | 11:39 | 11 | 33:46 |