



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

STROBEL, Bettina

Club: TV Helmbrechts
Number: 366

Course: 21.08 km
Halbmarathon

Category:
Frauen W45

Total time: 2:37:59

Speed: 7.98 km/h
Running performance: 7:29 min/km

Rank in course/Total: 37 (of 53)
Rank in course/Women: 11 (of 14)
Best time in course: 2:04:13

Rank in category: 4(of 4)
Best time in the category: 2:26:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.27	38:29	7:18	3	4:48	11	7:23	5.27	38:29	7:18	4	4:48	11	7:23
Lap 2	5.27	39:27	7:29	4	4:36	11	9:08	10.54	1:17:56	7:23	4	9:24	10	9:03
Lap 3	5.27	40:54	7:45	4	3:28	11	9:30	15.81	1:58:50	7:30	4	12:52	11	26:01
Last lap Finish	5.27	39:09	7:25	2	0:30	6	7:45	21.08	2:37:59	7:29	4	11:39	11	33:46