



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

KRÜGER, Dieter

Club: Gruen-Weiss Wittenberg
Number: 184

Course: 21.08 km
Halbmarathon

Category:
Männer M55

Total time: 2:39:20

Speed: 7.91 km/h
Running performance: 7:34 min/km

Rank in course/Total: 39 (of 53)

Rank in course/Men: 28 (of 39)

Best time in course: 1:49:45

Rank in category: 2(of 2)

Best time in the category: 2:10:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	5.27	34:35	6:33	2	3:31	23	8:59	5.27	34:35	6:33	2	3:31	6		
Lap 2	5.27	38:35	7:19	2	8:17	34	12:37	10.54	1:13:10	6:56	1	-	7		
Lap 3	5.27	40:16	7:38	2	7:54	27	12:34	15.81	1:53:26	7:10	2	19:42	7		
Last lap Finish	5.27	45:54	8:42	2	9:28	32	16:13	21.08	2:39:20	7:33	2	29:10	28	49:35	