



9. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

HARTUNG, Frank

Club: Leipzig
Number: 107

Course: 21.08 km
Halbmarathon

Category:
Männer M45

Total time: 2:42:48

Speed: 7.74 km/h
Running performance: 7:43 min/km

Rank in course/Total: 43 (of 53)

Rank in course/Men: 32 (of 39)

Best time in course: 1:49:45

Rank in category: 3(of 4)

Best time in the category: 2:14:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	5.27	36:40	6:57	3	5:22	29	11:04	5.27	36:40	6:57	3	5:22	10		
Lap 2	5.27	37:57	7:12	3	6:29	31	11:59	10.54	1:14:37	7:04	3	11:51	1	-	
Lap 3	5.27	41:03	7:47	4	7:04	32	13:21	15.81	1:55:40	7:18	3	18:55	1	-	
Last lap Finish	5.27	47:08	8:56	4	9:01	35	17:27	21.08	2:42:48	7:43	3	27:56	32	53:03	