



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

GRABNER, Andrea

Club: Berlin
Number: 96

Course: 21.08 km
Halbmarathon

Category:
Frauen W40

Total time: 2:45:13

Speed: 7.63 km/h
Running performance: 7:50 min/km

Rank in course/Total: 45 (of 53)
Rank in course/Women: 12 (of 14)
Best time in course: 2:04:13

Rank in category: 4(of 4)
Best time in the category: 2:04:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.27	37:24	7:05	4	6:18	9	6:18	5.27	37:24	7:05	4	6:18	12	6:18
Lap 2	5.27	39:45	7:32	4	9:26	13	9:26	10.54	1:17:09	7:19	3	4:38	11	8:16
Lap 3	5.27	41:36	7:53	4	10:12	13	10:12	15.81	1:58:45	7:30	4	25:56	12	25:56
Last lap Finish	5.27	46:28	8:49	4	15:04	12	15:04	21.08	2:45:13	7:50	4	41:00	12	41:00