



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

HOMMEL, Anja

Club: TV Helmbrechts

Number: 131

Course: 21.08 km

Halbmarathon

Category:

Frauen W30

Total time: 2:48:15

Speed: 7.52 km/h

Running performance: 7:59 min/km

Rank in course/Total: 48 (of 53)

Rank in course/Women: 13 (of 14)

Best time in course: 2:04:13

Rank in category: 1(of 1)

Best time in the category: 2:48:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.27	38:29	7:18	1	-	11	7:23	5.27	38:29	7:18	1	-	11	7:23
Lap 2	5.27	39:27	7:29	1	-	11	9:08	10.54	1:17:56	7:23	1	-	10	9:03
Lap 3	5.27	41:23	7:51	1	-	12	9:59	15.81	1:59:19	7:32	1	-	14	26:30
Last lap Finish	5.27	48:56	9:17	1	-	14	17:32	21.08	2:48:15	7:58	1	-	13	44:02