



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

SCHARFEN, Dirk

Club: Kölner Stadt- Anzeiger
Number: 310

Course: 21.08 km
Halbmarathon

Category:
Männer M35

Total time: 2:16:35

Speed: 9.23 km/h
Running performance: 6:29 min/km

Rank in course/Total: 15 (of 53)

Rank in course/Men: 14 (of 39)

Best time in course: 1:49:45

Rank in category: 2(of 7)

Best time in the category: 1:55:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	5.27	34:09	6:28	4	6:19	21	8:33	5.27	34:09	6:28	7	6:19	17		
Lap 2	5.27	33:00	6:15	2	4:34	15	7:02	10.54	1:07:09	6:22	7	10:53	37		
Lap 3	5.27	33:31	6:21	2	4:23	13	5:49	15.81	1:40:40	6:22	6	15:16	16		
Last lap Finish	5.27	35:55	6:48	2	6:14	12	6:14	21.08	2:16:35	6:28	2	21:30	14	26:50	