



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

## Detailed evaluation

**DÖRR, Thomas**

Club: Heeresflieger Laupheim  
Number: 58

Course: 31.62 km  
3/4 Marathon

Category:  
Männer M35

Total time: 3:32:22

Speed: 8.76 km/h  
Running performance: 6:43 min/km

Rank in course/Total: 9 (of 23)

Rank in course/Men: 9 (of 21)

Best time in course: 2:26:37

Rank in category: 2(of 3)

Best time in the category: 3:20:02

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total       |               | Pos<br>Cat. | Behind<br>Cat. | Total ranking   |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-------------|----------------|-----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km | Total<br>Time |             |                | Total<br>min/km | Pos<br>Men | Behind<br>Men |
| Lap 1           | 5.27        | 33:39         | 6:23            | 2           | 2:32           | 12          | 12:01         | 5.27        | 33:39         | 6:23        | 2              | 2:32            | 14         | 0:14          |
| Lap 2           | 5.27        | 33:04         | 6:16            | 2           | 2:42           | 12          | 10:39         | 10.54       | 1:06:43       | 6:19        | 2              | 5:14            | 9          | 19:34         |
| Lap 3           | 5.27        | 34:07         | 6:28            | 2           | 2:58           | 11          | 10:47         | 15.81       | 1:40:50       | 6:22        | 2              | 8:12            | 13         | 1:45          |
| Lap 4           | 5.27        | 35:12         | 6:40            | 2           | 2:13           | 9           | 10:41         | 21.08       | 2:16:02       | 6:27        | 2              | 10:25           | 13         | 1:06          |
| Lap 5           | 5.27        | 37:01         | 7:01            | 2           | 2:10           | 9           | 12:00         | 26.35       | 2:53:03       | 6:34        | 2              | 12:35           | 11         | 1:19          |
| Last lap Finish | 5.27        | 39:19         | 7:27            | 1           | -              | 5           | 9:37          | 31.62       | 3:32:22       | 6:42        | 2              | 12:20           | 9          | 1:05:45       |