



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

## Detailed evaluation

**LUX, Christoph**

Club: TG Viktoria Augsburg  
Number: 214

Course: 42.16 km  
Marathon

Category:  
Männer M30

Total time: 3:32:42

Speed: 11.85 km/h  
Running performance: 5:03 min/km

Rank in course/Total: 7 (of 289)

Rank in course/Men: 7 (of 261)

Best time in course: 3:20:36

Rank in category: 2(of 31)

Best time in the category: 3:22:43

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Lap 1	5.27	25:31	4:50	7	1:54	16	3:09	5.27	25:31	4:50	31	-	14	-
Lap 2	5.27	25:41	4:52	6	1:08	16	2:15	10.54	51:12	4:51	16	-	12	-
Lap 3	5.27	26:12	4:58	5	1:54	15	2:34	15.81	1:17:24	4:53	31	-	10	-
Lap 4	5.27	26:26	5:00	5	1:47	13	1:48	21.08	1:43:50	4:55	16	-	8	-
Lap 5	5.27	27:03	5:07	3	1:37	12	1:44	26.35	2:10:53	4:58	28	-	6	8:04
Lap 6	5.27	27:08	5:08	2	1:17	5	1:17	31.62	2:38:01	4:59	1	-	7	9:15
Lap 7	5.27	27:48	5:16	2	1:37	4	1:41	36.89	3:05:49	5:02	26	-	4	10:56
Last lap Finish	5.27	26:53	5:06	3	0:49	6	1:10	42.16	3:32:42	5:02	2	9:59	15	3:05:55