



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

SCHULZ, Michael

Club: TSG Maxdorf
Number: 338

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 3:38:33

Speed: 11.53 km/h
Running performance: 5:11 min/km

Rank in course/Total: 11 (of 289)

Rank in course/Men: 11 (of 261)

Best time in course: 3:20:36

Rank in category: 3(of 32)

Best time in the category: 3:20:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	26:02	4:56	4	1:59	27	3:40	5.27	26:02	4:56	30		17	
Lap 2	5.27	25:49	4:53	2	1:35	19	2:23	10.54	51:51	4:55	16	3:30	15	
Lap 3	5.27	26:11	4:58	3	1:40	14	2:33	15.81	1:18:02	4:56	30		13	
Lap 4	5.27	26:03	4:56	3	1:25	11	1:25	21.08	1:44:05	4:56	29		11	
Lap 5	5.27	26:21	5:00	3	1:02	7	1:02	26.35	2:10:26	4:57	29		238	7:37
Lap 6	5.27	27:10	5:09	2	1:13	6	1:19	31.62	2:37:36	4:59	17		10	8:50
Lap 7	5.27	29:12	5:32	2	3:05	15	3:05	36.89	3:06:48	5:03	28		5	11:55
Last lap Finish	5.27	31:45	6:01	2	6:02	35	6:02	42.16	3:38:33	5:11	4	2:17:00	19	3:11:46