



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

KERLER, Jürgen

Club: LT Herbrechtingen
Number: 162

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 3:48:09

Speed: 11.05 km/h
Running performance: 5:25 min/km

Rank in course/Total: 22 (of 289)

Rank in course/Men: 22 (of 261)

Best time in course: 3:20:36

Rank in category: 6(of 55)

Best time in the category: 3:28:58

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.							
Lap 1	5.27	29:30	5:35	16	6:17	87	7:08	5.27	29:30	5:35	36		29
Lap 2	5.27	27:01	5:07	8	2:31	33	3:35	10.54	56:31	5:21	30		27
Lap 3	5.27	26:58	5:07	6	2:21	25	3:20	15.81	1:23:29	5:16	34		24
Lap 4	5.27	26:39	5:03	2	1:38	16	2:01	21.08	1:50:08	5:13	31		23
Lap 5	5.27	27:35	5:14	4	1:17	17	2:16	26.35	2:17:43	5:13	32		19 14:54
Lap 6	5.27	29:10	5:32	5	1:35	22	3:19	31.62	2:46:53	5:16	33		22 18:07
Lap 7	5.27	30:39	5:48	9	2:08	24	4:32	36.89	3:17:32	5:21	30		15 22:39
Last lap Finish	5.27	30:37	5:48	7	2:59	21	4:54	42.16	3:48:09	5:24	8	2:10:56	30 3:21:22