



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

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Club: Getränke Waldhoff Thörey  
Number: 91

Course: 42.16 km  
Marathon

Category:  
Männer M35

Total time: 3:54:08

Speed: 10.76 km/h  
Running performance: 5:33 min/km

Rank in course/Total: 24 (of 311)

Rank in course/Men: 24 (of 279)

Best time in course: 3:02:44

Rank in category: 6(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	24:50	4:42	5	1:29	12	3:07	5.27	24:50	4:42	25		30	
Runde	5.27	26:18	4:59	5	1:42	21	4:35	10.54	51:08	4:51	23		25	7:42
Runde	5.27	26:12	4:58	5	1:24	17	3:57	15.81	1:17:20	4:53	23		25	11:39
Runde	5.27	26:50	5:05	5	1:19	14	4:02	21.08	1:44:10	4:56	23		25	15:41
Runde	5.27	28:21	5:22	5	2:17	16	5:45	26.35	2:12:31	5:01	23		25	21:26
Runde	5.27	30:13	5:44	6	3:54	24	7:41	31.62	2:42:44	5:08	23		25	29:07
Runde	5.27	35:14	6:41	11	8:08	68	12:02	36.89	3:17:58	5:21	23		24	41:09
Runde	5.27	36:10	6:51	12	9:32	77	20:25	42.16	3:54:08	5:33	7	2:52:25	30	3:00:46