



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Strobel, Gerd

Club: TV Helmbrechts
Number: 392

Course: 31.62 km
3/4 Marathon

Category:
Männer M50

Total time: 3:54:16

Speed: 8.10 km/h
Running performance: 7:25 min/km

Rank in course/Total: 18 (of 23)

Rank in course/Men: 18 (of 22)

Best time in course: 2:46:55

Rank in category: 5(of 6)

Best time in the category: 3:33:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	37:14	7:03	6	6:30	22	11:57	5.27	37:14	7:03	5	1:56	6	3:39
Runde	5.27	35:59	6:49	5	4:01	18	9:10	10.54	1:13:13	6:56	5	4:27	6	5:53
Runde	5.27	35:53	6:48	5	2:43	18	9:01	15.81	1:49:06	6:54	5	6:08	6	8:16
Runde	5.27	37:33	7:07	5	2:10	16	9:37	21.08	2:26:39	6:57	5	8:03	6	7:58
Runde	5.27	40:29	7:40	5	3:44	16	12:10	26.35	3:07:08	7:06	5	11:47	6	9:29
Runde	5.27	47:08	8:56	4	8:35	13	16:00	31.62	3:54:16	7:24	5	20:22	18	1:07:21