



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Demetz, Georg

Club: Gherdeina Runners
Number: 52

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 3:57:30

Speed: 10.61 km/h
Running performance: 5:38 min/km

Rank in course/Total: 28 (of 311)

Rank in course/Men: 27 (of 279)

Best time in course: 3:02:44

Rank in category: 7(of 62)

Best time in the category: 3:33:30

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	24:03	4:33	3	1:17	7	2:20	5.27	24:03	4:33	39		33	
Runde	5.27	24:37	4:40	3	0:56	7	2:54	10.54	48:40	4:37	38		8	5:14
Runde	5.27	26:07	4:57	4	1:24	16	3:52	15.81	1:14:47	4:43	38		28	9:06
Runde	5.27	28:08	5:20	7	2:22	25	5:20	21.08	1:42:55	4:52	38		28	14:26
Runde	5.27	31:38	6:00	17	5:08	61	9:02	26.35	2:14:33	5:06	38		28	23:28
Runde	5.27	32:04	6:05	12	3:55	52	9:32	31.62	2:46:37	5:16	38		28	33:00
Runde	5.27	35:49	6:47	18	7:22	77	12:37	36.89	3:22:26	5:29	38		27	45:37
Runde	5.27	35:04	6:39	14	8:04	67	19:19	42.16	3:57:30	5:37	8	3:04:08	33	3:04:08