



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Wohlfahrt, Jörg

Club: SV 19 Straelen
Number: 439

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 3:58:45

Speed: 10.60 km/h
Running performance: 5:40 min/km

Rank in course/Total: 33 (of 311)

Rank in course/Men: 32 (of 279)

Best time in course: 3:02:44

Rank in category: 8(of 62)

Best time in the category: 3:33:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	25:41	4:52	7	2:55	24	3:58	5.27	25:41	4:52	40		38	
Runde	5.27	27:01	5:07	9	3:20	30	5:18	10.54	52:42	5:00	39		19	9:16
Runde	5.27	27:48	5:16	9	3:05	31	5:33	15.81	1:20:30	5:05	39		33	14:49
Runde	5.27	28:36	5:25	10	2:50	29	5:48	21.08	1:49:06	5:10	39		33	20:37
Runde	5.27	30:32	5:47	14	4:02	42	7:56	26.35	2:19:38	5:17	39		33	28:33
Runde	5.27	31:34	5:59	9	3:25	42	9:02	31.62	2:51:12	5:24	39		33	37:35
Runde	5.27	33:56	6:26	12	5:29	48	10:44	36.89	3:25:08	5:33	39		32	48:19
Runde	5.27	33:37	6:22	10	6:37	51	17:52	42.16	3:58:45	5:39	9	3:05:23	38	3:05:23