



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Schwarzenberg, Frank

Club: Heidetreter Nordsachsen
Number: 369

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 4:14:26

Speed: 9.90 km/h
Running performance: 6:02 min/km

Rank in course/Total: 65 (of 311)

Rank in course/Men: 60 (of 279)

Best time in course: 3:02:44

Rank in category: 9(of 47)

Best time in the category: 3:29:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	29:27	5:35	7	4:12	70	7:44	5.27	29:27	5:35	33		64	
Runde	5.27	30:54	5:51	12	5:53	105	9:11	10.54	1:00:21	5:43	33		59	16:55
Runde	5.27	30:35	5:48	7	4:33	86	8:20	15.81	1:30:56	5:45	33		59	25:15
Runde	5.27	30:56	5:52	7	5:00	73	8:08	21.08	2:01:52	5:46	33		59	33:23
Runde	5.27	31:43	6:01	6	5:24	62	9:07	26.35	2:33:35	5:49	33		59	42:30
Runde	5.27	33:37	6:22	9	6:20	71	11:05	31.62	3:07:12	5:55	33		59	53:35
Runde	5.27	33:56	6:26	8	6:17	48	10:44	36.89	3:41:08	5:59	33		58	1:04:19
Runde	5.27	33:18	6:19	10	7:40	46	17:33	42.16	4:14:26	6:02	9	45:19	66	3:21:04