



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Nordmann, Malte

Club: Pankow Team 07
Number: 274

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 4:26:45

Speed: 9.48 km/h
Running performance: 6:20 min/km

Rank in course/Total: 94 (of 311)

Rank in course/Men: 87 (of 279)

Best time in course: 3:02:44

Rank in category: 13(of 47)

Best time in the category: 3:29:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	30:13	5:44	9	4:58	83	8:30	5.27	30:13	5:44	25		92	
Runde	5.27	29:52	5:40	7	4:51	76	8:09	10.54	1:00:05	5:42	25		87	16:39
Runde	5.27	30:20	5:45	6	4:18	79	8:05	15.81	1:30:25	5:43	25		87	24:44
Runde	5.27	31:29	5:58	8	5:33	83	8:41	21.08	2:01:54	5:46	25		87	33:25
Runde	5.27	32:49	6:13	13	6:30	87	10:13	26.35	2:34:43	5:52	25		87	43:38
Runde	5.27	34:37	6:34	11	7:20	84	12:05	31.62	3:09:20	5:59	25		87	55:43
Runde	5.27	37:43	7:09	15	10:04	104	14:31	36.89	3:47:03	6:09	25		86	1:10:14
Runde	5.27	39:42	7:31	21	14:04	140	23:57	42.16	4:26:45	6:19	13	57:38	93	3:33:23