



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Süßer, Kurt

Club: BSG Sparkasse Ulm
Number: 394

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 4:27:40

Speed: 9.41 km/h
Running performance: 6:21 min/km

Rank in course/Total: 95 (of 311)

Rank in course/Men: 88 (of 279)

Best time in course: 3:02:44

Rank in category: 20(of 62)

Best time in the category: 3:40:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	30:30	5:47	21	6:20	89	8:47	5.27	30:30	5:47	54		93	
Runde	5.27	31:53	6:02	31	7:05	123	10:10	10.54	1:02:23	5:55	51		88	18:57
Runde	5.27	30:00	5:41	15	4:19	69	7:45	15.81	1:32:23	5:50	51		88	26:42
Runde	5.27	30:52	5:51	15	4:14	72	8:04	21.08	2:03:15	5:50	51		88	34:46
Runde	5.27	34:22	6:31	27	6:14	111	11:46	26.35	2:37:37	5:58	51		88	46:32
Runde	5.27	35:12	6:40	22	6:07	92	12:40	31.62	3:12:49	6:05	51		88	59:12
Runde	5.27	37:59	7:12	26	8:13	108	14:47	36.89	3:50:48	6:15	50		87	1:13:59
Runde	5.27	36:52	6:59	21	21:07	88	21:07	42.16	4:27:40	6:20	23	3:30:16	94	3:34:18