



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Handke, Jens

Club: Dresden
Number: 118

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 4:37:51

Speed: 9.07 km/h
Running performance: 6:35 min/km

Rank in course/Total: 122 (of 311)

Rank in course/Men: 114 (of 279)

Best time in course: 3:02:44

Rank in category: 16(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	31:22	5:57	18	8:01	121	9:39	5.27	31:22	5:57	34		90	0:49
Runde	5.27	32:06	6:05	18	7:30	126	10:23	10.54	1:03:28	6:01	32		114	20:02
Runde	5.27	32:54	6:14	22	8:06	130	10:39	15.81	1:36:22	6:05	32		114	30:41
Runde	5.27	33:14	6:18	16	7:43	116	10:26	21.08	2:09:36	6:08	32		114	41:07
Runde	5.27	34:35	6:33	18	8:31	113	11:59	26.35	2:44:11	6:13	32		114	53:06
Runde	5.27	38:13	7:15	21	11:54	150	15:41	31.62	3:22:24	6:24	32		114	1:08:47
Runde	5.27	37:42	7:09	14	10:36	103	14:30	36.89	4:00:06	6:30	32		113	1:23:17
Runde	5.27	37:45	7:09	14	11:07	109	22:00	42.16	4:37:51	6:35	17	3:36:08	120	3:44:29