



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Derschau von, Florian

Club: CaBa`s CaBaNauTeN
Number: 56

Course: 42.16 km
Marathon

Category:
Männer M30

Total time: 4:46:28

Speed: 8.80 km/h
Running performance: 6:47 min/km

Rank in course/Total: 147 (of 311)

Rank in course/Men: 138 (of 279)

Best time in course: 3:02:44

Rank in category: 18(of 33)

Best time in the category: 3:37:39

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total | | Total | | Total | | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|---------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------|---------|--------|------|---------|-----|-------------|----------------|------------|---------------|
| | | | | | | | | km | Time | min/km | Cat. | Cat. | Men | | | | |
| Runde | 5.27 | 32:36 | 6:11 | 21 | 8:07 | 151 | 10:53 | 5.27 | 32:36 | 6:11 | 2 | | | | | 144 | 2:03 |
| Runde | 5.27 | 32:36 | 6:11 | 21 | 8:09 | 142 | 10:53 | 10.54 | 1:05:12 | 6:11 | 2 | | | | | 139 | 21:46 |
| Runde | 5.27 | 34:18 | 6:30 | 24 | 10:19 | 165 | 12:03 | 15.81 | 1:39:30 | 6:17 | 2 | | | | | 139 | 33:49 |
| Runde | 5.27 | 33:45 | 6:24 | 19 | 8:18 | 134 | 10:57 | 21.08 | 2:13:15 | 6:19 | 2 | | | | | 139 | 44:46 |
| Runde | 5.27 | 34:53 | 6:37 | 19 | 8:22 | 123 | 12:17 | 26.35 | 2:48:08 | 6:22 | 2 | | | | | 139 | 57:03 |
| Runde | 5.27 | 36:49 | 6:59 | 18 | 8:36 | 119 | 14:17 | 31.62 | 3:24:57 | 6:28 | 2 | | | | | 139 | 1:11:20 |
| Runde | 5.27 | 41:52 | 7:56 | 22 | 11:49 | 170 | 18:40 | 36.89 | 4:06:49 | 6:41 | 2 | | | | | 138 | 1:30:00 |
| Runde | 5.27 | 39:39 | 7:31 | 17 | 11:07 | 139 | 23:54 | 42.16 | 4:46:28 | 6:47 | 18 | 1:08:49 | | | | 144 | 3:53:06 |