



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Fahrner, Elke

Club: DVAG-Marathon-Team
Number: 78

Course: 42.16 km
Marathon

Category:
Frauen W40

Total time: 4:52:40

Speed: 8.64 km/h
Running performance: 6:56 min/km

Rank in course/Total: 168 (of 311)

Rank in course/Women: 11 (of 32)

Best time in course: 3:54:55

Rank in category: 3(of 3)

Best time in the category: 3:54:55

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Runde	5.27	34:33	6:33	3	8:20	14	8:20	5.27	34:33	6:33	3	8:20	20	
Runde	5.27	35:03	6:39	3	8:12	13	8:12	10.54	1:09:36	6:36	3	16:32	20	
Runde	5.27	35:34	6:44	3	7:21	12	7:21	15.81	1:45:10	6:39	3	23:53	20	
Runde	5.27	35:57	6:49	3	6:43	12	6:43	21.08	2:21:07	6:41	3	30:36	20	
Runde	5.27	36:42	6:57	3	6:06	11	6:15	26.35	2:57:49	6:44	3	36:42	20	
Runde	5.27	38:02	7:13	2	7:27	10	7:27	31.62	3:35:51	6:49	3	44:09	20	
Runde	5.27	38:27	7:17	2	7:02	8	7:23	36.89	4:14:18	6:53	3	51:11	20	
Runde	5.27	38:22	7:16	2	6:34	12	7:53	42.16	4:52:40	6:56	3	57:45	14	4:14:35