



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Kießig, Thomas

Club: Esslingen
Number: 177

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 4:19:22

Speed: 9.72 km/h
Running performance: 6:09 min/km

Rank in course/Total: 79 (of 311)

Rank in course/Men: 73 (of 279)

Best time in course: 3:02:44

Rank in category: 10(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	32:25	6:09	25	9:04	149	10:42	5.27	32:25	6:09	9		183	1:52
Runde	5.27	30:41	5:49	15	6:05	101	8:58	10.54	1:03:06	5:59	8		101	19:40
Runde	5.27	30:13	5:44	10	5:25	77	7:58	15.81	1:33:19	5:54	8		178	27:38
Runde	5.27	30:17	5:44	9	4:46	62	7:29	21.08	2:03:36	5:51	8		178	35:07
Runde	5.27	30:46	5:50	8	4:42	45	8:10	26.35	2:34:22	5:51	8		178	43:17
Runde	5.27	32:30	6:10	11	6:11	60	9:58	31.62	3:06:52	5:54	8		178	53:15
Runde	5.27	35:22	6:42	12	8:16	69	12:10	36.89	3:42:14	6:01	8		177	1:05:25
Runde	5.27	37:08	7:02	13	10:30	94	21:23	42.16	4:19:22	6:09	11	3:17:39	79	3:26:00