



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Denzler, Hans

Club: TV Helmbrechts

Number: 55

Course: 42.16 km

Marathon

Category:

Männer M50

Total time: 5:04:48

Speed: 8.30 km/h

Running performance: 7:14 min/km

Rank in course/Total: 196 (of 311)

Rank in course/Men: 181 (of 279)

Best time in course: 3:02:44

Rank in category: 25(of 47)

Best time in the category: 3:29:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	37:15	7:04	38	12:00	234	15:32	5.27	37:15	7:04	2	4:26	187	6:42
Runde	5.27	36:23	6:54	36	11:22	223	14:40	10.54	1:13:38	6:59	2	5:52	182	30:12
Runde	5.27	37:14	7:03	37	11:12	224	14:59	15.81	1:50:52	7:00	2	6:50	182	45:11
Runde	5.27	38:52	7:22	37	12:56	224	16:04	21.08	2:29:44	7:06	2	7:17	182	1:01:15
Runde	5.27	38:28	7:17	28	12:09	183	15:52	26.35	3:08:12	7:08	2		182	1:17:07
Runde	5.27	38:35	7:19	23	11:18	157	16:03	31.62	3:46:47	7:10	2		182	1:33:10
Runde	5.27	38:36	7:19	19	10:57	124	15:24	36.89	4:25:23	7:11	2		181	1:48:34
Runde	5.27	39:25	7:28	20	13:47	138	23:40	42.16	5:04:48	7:13	25	1:35:41	187	4:11:26