



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Schneider, Elmar

Club: RV Viktoria Wombach
Number: 348

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 5:06:44

Speed: 8.22 km/h
Running performance: 7:17 min/km

Rank in course/Total: 200 (of 311)

Rank in course/Men: 185 (of 279)

Best time in course: 3:02:44

Rank in category: 45(of 62)

Best time in the category: 3:40:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	32:33	6:10	36	8:23	150	10:50	5.27	32:33	6:10	1	-	191	2:00
Runde	5.27	33:22	6:19	38	8:34	161	11:39	10.54	1:05:55	6:15	1	-	186	22:29
Runde	5.27	36:07	6:51	44	10:26	204	13:52	15.81	1:42:02	6:27	1	-	186	36:21
Runde	5.27	37:53	7:11	46	11:15	207	15:05	21.08	2:19:55	6:38	1	-	186	51:26
Runde	5.27	39:36	7:30	48	11:28	202	17:00	26.35	2:59:31	6:48	1	-	186	1:08:26
Runde	5.27	41:44	7:55	47	12:39	204	19:12	31.62	3:41:15	6:59	1	-	186	1:27:38
Runde	5.27	43:42	8:17	45	13:56	189	20:30	36.89	4:24:57	7:10	1	-	185	1:48:08
Runde	5.27	41:47	7:55	41	26:02	161	26:02	42.16	5:06:44	7:16	48	4:09:20	191	4:13:22