



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Wiggenhauser, Markus

Club: Laupheim
Number: 432

Course: 42.16 km
Marathon

Category:
Männer M30

Total time: 5:13:23

Speed: 8.04 km/h
Running performance: 7:26 min/km

Rank in course/Total: 217 (of 311)

Rank in course/Men: 201 (of 279)

Best time in course: 3:02:44

Rank in category: 28(of 33)

Best time in the category: 3:37:39

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	35:12	6:40	26	10:43	209	13:29	5.27	35:12	6:40	12		207	4:39
Runde	5.27	35:38	6:45	26	11:11	205	13:55	10.54	1:10:50	6:43	12		202	27:24
Runde	5.27	36:31	6:55	27	12:32	211	14:16	15.81	1:47:21	6:47	12		202	41:40
Runde	5.27	38:07	7:13	28	12:40	211	15:19	21.08	2:25:28	6:54	12		202	56:59
Runde	5.27	39:33	7:30	28	13:02	199	16:57	26.35	3:05:01	7:01	12	1:55	202	1:13:56
Runde	5.27	41:58	7:57	28	13:45	209	19:26	31.62	3:46:59	7:10	12	4:26	202	1:33:22
Runde	5.27	43:42	8:17	25	13:39	189	20:30	36.89	4:30:41	7:20	12	8:40	201	1:53:52
Runde	5.27	42:42	8:06	21	14:10	167	26:57	42.16	5:13:23	7:25	28	1:35:44	207	4:20:01