



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Ehrhardt, Matthias

Club: Rheumimän Borkwalde
Number: 68

Course: 42.16 km
Marathon

Category:
Männer M45

Total time: 5:20:14

Speed: 7.90 km/h
Running performance: 7:36 min/km

Rank in course/Total: 225 (of 311)

Rank in course/Men: 209 (of 279)

Best time in course: 3:02:44

Rank in category: 50(of 62)

Best time in the category: 3:40:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	34:53	6:37	51	10:43	202	13:10	5.27	34:53	6:37	22	2:20	215	4:20
Runde	5.27	36:19	6:53	50	11:31	222	14:36	10.54	1:11:12	6:45	21	5:17	210	27:46
Runde	5.27	36:34	6:56	48	10:53	213	14:19	15.81	1:47:46	6:48	21	5:44	210	42:05
Runde	5.27	41:34	7:53	58	14:56	259	18:46	21.08	2:29:20	7:05	21	9:25	210	1:00:51
Runde	5.27	41:23	7:51	53	13:15	225	18:47	26.35	3:10:43	7:14	21	11:12	210	1:19:38
Runde	5.27	42:48	8:07	50	13:43	217	20:16	31.62	3:53:31	7:23	21	12:16	210	1:39:54
Runde	5.27	43:25	8:14	43	13:39	186	20:13	36.89	4:36:56	7:30	21	11:59	209	2:00:07
Runde	5.27	43:18	8:12	46	27:33	176	27:33	42.16	5:20:14	7:35	53	4:22:50	215	4:26:52