



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Kohlert, Richard

Club: Haag
Number: 188

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 5:22:00

Speed: 7.86 km/h
Running performance: 7:38 min/km

Rank in course/Total: 230 (of 311)

Rank in course/Men: 214 (of 279)

Best time in course: 3:02:44

Rank in category: 32(of 47)

Best time in the category: 3:29:07

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	38:14	7:15	40	12:59	247	16:31	5.27	38:14	7:15	9	5:25	219	7:41
Runde	5.27	36:52	6:59	37	11:51	226	15:09	10.54	1:15:06	7:07	9	7:20	214	31:40
Runde	5.27	36:49	6:59	36	10:47	216	14:34	15.81	1:51:55	7:04	9	7:53	214	46:14
Runde	5.27	37:39	7:08	32	11:43	203	14:51	21.08	2:29:34	7:05	9	7:07	214	1:01:05
Runde	5.27	39:06	7:25	30	12:47	192	16:30	26.35	3:08:40	7:09	9	0:19	214	1:17:35
Runde	5.27	40:53	7:45	29	13:36	188	18:21	31.62	3:49:33	7:15	9		214	1:35:56
Runde	5.27	45:54	8:42	31	18:15	212	22:42	36.89	4:35:27	7:28	9		213	1:58:38
Runde	5.27	46:33	8:49	34	20:55	219	30:48	42.16	5:22:00	7:38	32	1:52:53	220	4:28:38