



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Krutzsch, Cindy

Club: CaBa`s CaBaNauTeN
Number: 201

Course: 42.16 km
Marathon

Category:
Frauen W30

Total time: 5:25:29

Speed: 7.74 km/h
Running performance: 7:43 min/km

Rank in course/Total: 236 (of 311)

Rank in course/Women: 18 (of 32)

Best time in course: 3:54:55

Rank in category: 1(of 3)

Best time in the category: 5:25:29

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Runde	5.27	37:51	7:10	2	2:28	24	11:38	5.27	37:51	7:10	2	-	13	0:32
Runde	5.27	37:12	7:03	1	-	19	10:21	10.54	1:15:03	7:07	1	-	13	4:32
Runde	5.27	37:56	7:11	1	-	19	9:43	15.81	1:52:59	7:08	1	-	13	6:58
Runde	5.27	38:46	7:21	1	-	19	9:32	21.08	2:31:45	7:11	1	-	13	8:54
Runde	5.27	40:31	7:41	1	-	17	10:04	26.35	3:12:16	7:17	1	-	13	11:08
Runde	5.27	41:00	7:46	1	-	17	10:25	31.62	3:53:16	7:22	1	-	13	12:12
Runde	5.27	44:53	8:31	1	-	19	13:49	36.89	4:38:09	7:32	1	-	13	15:53
Runde	5.27	47:20	8:58	3	10:16	24	16:51	42.16	5:25:29	7:43	2	3:10:41	21	4:47:24