



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Krüger, Hans-J.

Club: CaBa`s CaBaNauTeN
Number: 197

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 5:25:29

Speed: 7.74 km/h
Running performance: 7:43 min/km

Rank in course/Total: 237 (of 311)

Rank in course/Men: 219 (of 279)

Best time in course: 3:02:44

Rank in category: 35(of 47)

Best time in the category: 3:29:07

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	39:17	7:27	45	14:02	268	17:34	5.27	39:17	7:27	12	6:28	225	8:44
Runde	5.27	37:48	7:10	41	12:47	241	16:05	10.54	1:17:05	7:18	12	9:19	220	33:39
Runde	5.27	38:35	7:19	40	12:33	246	16:20	15.81	1:55:40	7:18	12	11:38	220	49:59
Runde	5.27	38:34	7:19	34	12:38	218	15:46	21.08	2:34:14	7:18	12	11:47	220	1:05:45
Runde	5.27	40:46	7:44	34	14:27	219	18:10	26.35	3:15:00	7:24	12	6:39	220	1:23:55
Runde	5.27	40:56	7:46	30	13:39	190	18:24	31.62	3:55:56	7:27	12	1:09	220	1:42:19
Runde	5.27	42:14	8:00	25	14:35	172	19:02	36.89	4:38:10	7:32	12		219	2:01:21
Runde	5.27	47:19	8:58	35	21:41	227	31:34	42.16	5:25:29	7:43	35	1:56:22	225	4:32:07