



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Wittig, Rene

Club: erst laufen dann saufen
Number: 437

Course: 42.16 km
Marathon

Category:
Männer M30

Total time: 5:44:32

Speed: 7.31 km/h
Running performance: 8:10 min/km

Rank in course/Total: 278 (of 311)

Rank in course/Men: 255 (of 279)

Best time in course: 3:02:44

Rank in category: 32(of 33)

Best time in the category: 3:37:39

Intermediate times

Stage score

Total ranking

| Control | Split | | | Pos | | Behind | | Total | | | Pos | | Behind | |
|---------|-------|-------|--------|------|-------|--------|-------|-------|---------|--------|------|---------|--------|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Runde | 5.27 | 35:24 | 6:43 | 27 | 10:55 | 217 | 13:41 | 5.27 | 35:24 | 6:43 | 16 | | 261 | 4:51 |
| Runde | 5.27 | 36:17 | 6:53 | 29 | 11:50 | 220 | 14:34 | 10.54 | 1:11:41 | 6:48 | 16 | | 256 | 28:15 |
| Runde | 5.27 | 38:16 | 7:15 | 33 | 14:17 | 240 | 16:01 | 15.81 | 1:49:57 | 6:57 | 16 | | 256 | 44:16 |
| Runde | 5.27 | 39:18 | 7:27 | 31 | 13:51 | 230 | 16:30 | 21.08 | 2:29:15 | 7:04 | 16 | 3:03 | 256 | 1:00:46 |
| Runde | 5.27 | 42:30 | 8:03 | 32 | 15:59 | 235 | 19:54 | 26.35 | 3:11:45 | 7:16 | 16 | 8:39 | 256 | 1:20:40 |
| Runde | 5.27 | 50:02 | 9:29 | 33 | 21:49 | 263 | 27:30 | 31.62 | 4:01:47 | 7:38 | 16 | 19:14 | 256 | 1:48:10 |
| Runde | 5.27 | 54:32 | 10:20 | 31 | 24:29 | 268 | 31:20 | 36.89 | 4:56:19 | 8:01 | 15 | 34:18 | 254 | 2:19:30 |
| Runde | 5.27 | 48:13 | 9:08 | 29 | 19:41 | 235 | 32:28 | 42.16 | 5:44:32 | 8:10 | 31 | 2:06:53 | 260 | 4:51:10 |