



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Rohn, Volker

Club: Halle
Number: 316

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 5:50:54

Speed: 7.18 km/h
Running performance: 8:19 min/km

Rank in course/Total: 286 (of 311)

Rank in course/Men: 262 (of 279)

Best time in course: 3:02:44

Rank in category: 58(of 62)

Best time in the category: 3:33:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	39:15	7:26	59	16:29	266	17:32	5.27	39:15	7:26	28	6:38	268	8:42
Runde	5.27	40:28	7:40	59	16:47	267	18:45	10.54	1:19:43	7:33	28	14:42	263	36:17
Runde	5.27	41:03	7:47	60	16:20	269	18:48	15.81	2:00:46	7:38	28	21:16	263	55:05
Runde	5.27	41:02	7:47	58	15:16	252	18:14	21.08	2:41:48	7:40	28	24:33	263	1:13:19
Runde	5.27	43:49	8:18	57	17:19	251	21:13	26.35	3:25:37	7:48	28	25:39	263	1:34:32
Runde	5.27	45:29	8:37	53	17:20	239	22:57	31.62	4:11:06	7:56	28	26:49	263	1:57:29
Runde	5.27	51:06	9:41	57	22:39	254	27:54	36.89	5:02:12	8:11	28	30:33	262	2:25:23
Runde	5.27	48:42	9:14	52	21:42	240	32:57	42.16	5:50:54	8:19	59	4:57:32	268	4:57:32