



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Schaad, Marco

Club: LG Matzendorf  
Number: 326

Course: 42.16 km  
Marathon

Category:  
Männer M35

Total time: 3:34:07

Speed: 11.77 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 8 (of 311)

Rank in course/Men: 8 (of 279)

Best time in course: 3:02:44

Rank in category: 4(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	24:01	4:33	3	0:40	5	2:18	5.27	24:01	4:33	23		13	
Runde	5.27	24:39	4:40	2	0:03	8	2:56	10.54	48:40	4:37	21		8	5:14
Runde	5.27	25:44	4:52	4	0:56	12	3:29	15.81	1:14:24	4:42	21		8	8:43
Runde	5.27	26:16	4:59	4	0:45	10	3:28	21.08	1:40:40	4:46	21		8	12:11
Runde	5.27	26:50	5:05	4	0:46	10	4:14	26.35	2:07:30	4:50	21		8	16:25
Runde	5.27	27:25	5:12	4	1:06	8	4:53	31.62	2:34:55	4:53	21		8	21:18
Runde	5.27	29:05	5:31	3	1:59	7	5:53	36.89	3:04:00	4:59	21		8	27:11
Runde	5.27	30:07	5:42	3	3:29	18	14:22	42.16	3:34:07	5:04	5	2:32:24	13	2:40:45