



Winterlaufserie des Eisenacher LV/ 1. Lauf  
Creuzburg (Stiftsgut Wilhelmglücksbrunn - Saline) / 30.01.2011

Detailed evaluation

**TSCHAAR, Holger**

Club: Sportteam Steinbach /Meiningen  
Number: 112

Course: 12.30 km  
Langdistanz

Category:  
Männer M35

Total time: 45:43

Speed: 15.75 km/h  
Running performance: 3:43 min/km

Rank in course/Total: 4 (of 56)

Rank in course/Men: 4 (of 48)

Best time in course: 40:18

Rank in category: 1(of 7)

Best time in the category: 45:43